

Gower Weekend Trip – TT15



www.visitswanseabay.com

Dates: Fri 8th – Sun 10th May / end 2nd week

Return: late Sunday evening

Depart: 6:15pm from Trinity gates

Cost: £73

Contacts: Jaya John (training@ouwc.org) and Thomas (quartermaster@ouwc.org)

About the Gower Peninsula: Gower was the first Area of Outstanding Beauty designated in the UK. It is a peninsula along the south coast of Wales. OUWC returns after almost a decade to explore Gower's stunning limestone coastline, scenic beaches and rolling downs, giving us two days of fantastic coastal walking to look forward to.

Equipment: You will need a worn in pair of walking boots and a comfy rucksack. Though we're hoping for sun, come prepared for all weather conditions. A waterproof jacket and trousers are a must. Bring sunscreen too. You will need a sleeping bag OR a duvet cover (you can borrow a sleeping bag from the club on request). A full equipment list will be circulated to participants.

Food: Unlike most weekend trips, we will NOT stop for a meal along the way on Friday evening, so come to the minibus having eaten or with sandwiches. Sunday evening on the way back, we will stop for food at a pub or services, so bring money for this. The trip includes these meals: breakfast and lunch on Saturday and Sunday and dinner on Saturday night which we will cook together.

Accommodation and walks: we will stay at Eastern Slade Barn, a comfortable bunkhouse just inland from the sea and the coastal path. Our walks are likely to be a mix of coastal cliffs, beaches and inland downs. Highlights in the area include Worms Head, Rhossili Bay and Three Cliffs Bay.

Membership: As with all OUWC trips, you must be a member of the club to be allocated a place. We are only able to offer refunds on trips if we are able to fill the vacated place. There is a balloting procedure for oversubscribed trips.