



Long Mynd Day Trip

Sunday 11th October (beginning of 1st week)

For this years Freshers' event we take a coach from Oxford to Church Stretton in Shropshire to spend some wonderful hours of hiking.

The hiking distance is slightly shorter than the usual walks the club does, but offers a good possibility to get to know each other, to talk to 'old' club members and to enjoy British nature.

Part of the Shropshire Hills Long Mynd is a heath and moorland plateau which is designated as area of outstanding natural beauty. Its name means Long Mountain in Welsh. From its top are tremendous views stretching as far as the Brecon Beacons (90 miles away) and the Malverns (43 miles away) on a clear day.



View Up Carding Mill Valley

Along its summit runs The Portway, a track used 5000 years ago by Neolithic traders to avoid the wet wooded valleys below. This is now part of the Shropshire Way.



Starting from Church Stretton we will do a circular walk passing through Carding Mill Valley to the top of the plateau. We will pass by the highest point of the plateau, the Pole Bank (516 m (1,693 ft)), before returning over smaller hills back to Church Stretton.

Trip Organisers: Christian, Tom

Leaders: Tom W, Jaya John, Thomas, Christian, Simon

Departure time & location: Sunday 11th Oct, Broad Street Trinity Gates, meeting time 8.30am, departure time 9.00am

Estimated return time: Sunday 11th Oct, ~ 8pm

Hiking Distance: ~ 12 km

Bring to the trip: Food for lunchtime, plenty of water, worn-in hiking boots, waterproofs

Cost: £12