

Southern Snowdonia 6/7/8 March – Led Trip – Michael & Helen – michielmentink@gmail.com

This trip is a BIG trip, 2 or more minibuses – which has the advantage that we can form several groups with their own walking speed.

Cadair Idris is very rugged but green and has stunning views – especially on the lake it surrounds. There are several routes up the mountain, which can be conquered by anybody. Cadair Idris is one of the lesser visited and lesser known mountains of Snowdonia. It is also one of the more mysterious ones. In times long past, a giant called Idris Gaur ruled Cadair Idris – the seat of Idris. And on the highest crown of this mountain is a bed-shaped form, great in length and width, built of slabs fixed around it, called the Bed or the grave of Idris. And it is said that whoever lies and sleeps on that bed, one of two things will happen to him - either he will be a poet of the best kind, or go entirely demented...



On Sunday we will visit the local mountainous forests in the Coed y Brenin forest park – the favourite type of terrain for one of the trip organisers – with wonderful waterfalls within the forest park

Hut

We are going to stay in an award winning three-star hostel in Corris. It is a school over a 100 years old. The building maintains an ambience in keeping with its educational heritage and a focus on creativity and harmony. Paintings and gifts of appreciation from around the world adorn the community hall, giving it an international "Bohemian" style atmosphere with Celtic undertones. We rented the entire hut, and it is absolutely massive. This also means that if more people come to this trip, then either your trip will become cheaper, or food will get a marked upgrade!



Important!!

Be at Broad street – Trinity College gates on 6th of March AT **16:41 SHARP (yes that means you too!)**

Return: 8th of March on Broad street before 22:00

Cost: £71

Other details will be told by email.