

THE SEVEN SISTERS

The Seven Sisters are a series of dramatic chalk cliffs on the English Channel in south-east England. They are located in the Seven Sisters Country Park, which forms part of the South Downs National Park, the newest national park in the UK! One of these seven cliffs, Beachy Head, is the highest chalk cliff in Britain, with a staggering drop of 162m to the sea. Come to take in some of the most stunning coastline England has to offer - we will be following final section of the 100 mile-long South Downs Way national trail over the cliffs as part of a medium distance circular walk.

Trip Organisers: Melania Zauri

melania.zauri@spc.ox.ac.uk and Tom

Waksman thomas.waksman@seh.ox.ac.uk

Leaders: Giovanni Bassolino, Jamie Banks

Departure: 08:00am outside Trinity gates, Broad Street.

Return: Late evening.

Trip cost: £12

Sign up: At free tea, or fill in the online booking form on the website

Important: Only OUWC members can be allowed on weekend and minibs day trips. There is balloting procedure for over-subscribed trips, and if a member drops out of a trip they can only be refunded the trip fee if the vacated space is filled. Please provide payment by the end of 1st week in order to be entered into the ballot of the trip.



Equipment to bring: You will need a pair of well worn-in walking boots with ankle support, waterproofs, warm clothes and a packed lunch. Please note that trip leaders will refuse participation to anyone who is deemed inappropriately equipped. Please also bring some money for dinner as we will be stopping at a pub on the drive back to Oxford.

Waterproofs and sleeping bags can be borrowed from the walking club, but please let us know well in advance of the trip. A more detailed equipment list will be circulated amongst participants by email closer to the time of departure.