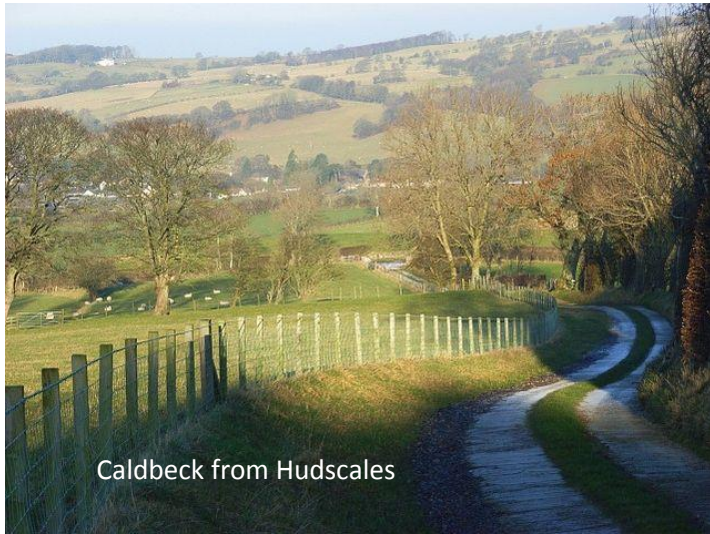


# The Lake District



Caldbeck from Hudscals

The Lake District's iconic scenery, unique wildlife and cultural heritage have earned it legendary status. Join us on this trip to explore the landscape which inspired such figures as Turner, Wordsworth and Beatrix Potter. We will be based at the Hudscals camping barn in the secluded north-eastern Lakes, whence we will have ready access to the little-explored northern fells as well as the more traditional eastern and central tramping grounds (Helvellyn, High Street and Patterdale), which offer stunning walks for all abilities.

**Departure:** 4.45pm on Friday outside Trinity gates, Broad Street.

**Return:** Late on Sunday evening.

**Trip Cost:** £60.00 including transport, accommodation, breakfast and packed lunch on Saturday and Sunday – **please bring money for dinner on Friday, Saturday and Sunday.**

## Equipment required:

- A pair of well worn-in walking boots with ankle support.
- A full complement of waterproof clothing (jacket and trousers – Lakeland weather is unpredictable and rain possible throughout the year!)
- Warm clothing (including jumpers, gloves, hat etc.)
- Changes of clothing.
- A sleeping bag.

Waterproofs and sleeping bags can be borrowed from the walking club, but please let us know well in advance of the trip. A more detailed equipment list will be circulated amongst participants by email closer to the time of departure. As with any trip in the British Isles, please ensure you are prepared for *bad* weather! *Trip leaders will refuse participation to anyone deemed to be inappropriately equipped.*

**N.B.** In order to join this or any other club trips you must be a member of the OUWC.

**Interested?** If you would like to come on the trip you can sign up and pay at Free Tea, on the OUWC website (<http://www.ouwc.org/bookings/> - payment by bank transfer) or by contacting the trip organisers (Will Hallan or Ian Abel – see below) and providing a cheque payable to "OU Walking Club". A ballot will take place in 2<sup>nd</sup> week to allocate places, after which participants will be emailed and those who do not receive a place will be informed and refunded. *Please be aware that you must provide payment by the end of 1<sup>st</sup> week to be entered into the ballot. Please also note that if you cancel after receiving a place, you will only be refunded if your place is filled by another participant.*

**Contacts:** Will Hallan – [william.hallan@ccc.ox.ac.uk](mailto:william.hallan@ccc.ox.ac.uk)

Ian Abel – [secretary@ouwc.org](mailto:secretary@ouwc.org)

*If you have any questions about the trip please feel free to email.*



Striding Edge – Helvellyn ©Lake District Attractions