



Pembrokeshire Weekend Trip

Friday 15th to Sunday 17th June 2007 (end 8th week)

Join us on an end of term escape to Pembrokeshire, an area of Wales with some of the most dramatic coastline in the UK and a coast path that takes in its rugged headlands and sandy bays. Also within reach are the less well explored Preseli Hills, with prehistoric remains and brilliant views down to the coast.

We're staying at Ysgubor Fach bunkhouse on Pwll Caerog Farm (grid reference: SM786301) close to St. David's and only 500m from the sea! We're aiming for two good days walking on the coast or in the hills and hopefully time for a visit to a beach (and possibly a swim!) on Saturday evening. Although the area isn't really mountainous, the coast path can be strenuous with lots of ups and downs and there may be some rocky/rough sections.

All meals, transport and accommodation are included in the price except for Friday and Sunday evening meals. These will be taken in pub or motorway services and you'll need to pay separately.

Depart: Friday at 4pm (TBC).
Return: late on Sunday evening.
Cost: £47.00

Equipment

Please read the club's "Equipment List and Participation Statement" carefully then sign the slip at the bottom to confirm that you are happy with it. This should be sent to me before the trip.

We could have hot, sunny weather but, even in June, it could just as easily be cold, wet and windy on the exposed costal path or on the hills. You **must** have a pair of **well worn-in walking boots** that provide ankle support. You **must** also have a **waterproof jacket and trousers and warm clothing** and you should also have **sun cream** and a **sun hat**. You can borrow waterproof trousers from the club if you don't own these yourself, please ask me for details. You should bring spare clothes for walking, the bunkhouse and for the journey home.

Extra Equipment: You'll need a **sleeping bag**, you can borrow one from the club if needed, please ask for details. A **torch** might come in useful. Please also bring enough money for the meals on Friday and Sunday evenings.

Signing Up

If you would like to come please sign up and pay at the Free Tea. Otherwise sign up by emailing Christopher and send a **cheque for £47 (payable to "OU Walking Club")** to Christopher Thomas at Merton College **to arrive before the end of 1st week (28th April)**. If you can't pay by cheque please email me to make alternative arrangements before then.

Please note that you must be a club member to be allocated a place on the trip. You can join at the Free Tea or by emailing Chelsea the Membership Secretary (membership@ouwc.org).

Refunds: Please be aware that we cannot refund money to people who drop out unless their place is subsequently filled. If you find that you can no longer come on the trip, please contact me immediately to give yourself the best chance of a refund.

If the trip is oversubscribed, trip places will be allocated by means of a ballot (with priority being given to drivers who have passed the University minibus course and those not signed up for other trips this term). You will be contacted by email during 2nd week to confirm your place on the trip. In the event that you are unsuccessful, your payment will be returned promptly, along with details of any trips that still have places.

We hope to see you on what should be a fantastic trip. If you have any questions please get in touch.

Christopher Thomas
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Tse Yin Lim (Zing)



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Whitesands Bay © Andrew Tyrrell