



## Lake District Weekend Trip

1<sup>st</sup> to 3<sup>rd</sup> June 2007 (end 6<sup>th</sup> week)

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Join Helen, Rob and Andrew in the Coppermines Valley as they explore the heart of the Lake District. We hope to spend a day on the 'Conistone horseshoe', climbing the peaks of Wetherlam and The Old Man itself, and possibly a day climbing Ill Bell, High Street and Kentmere Pike. Hopefully by June the summer will have arrived, treating us to glorious sunshine and stunning views across some of the prettiest parts of the National Park. With steep and strenuous walking aplenty and lots of rough ground, this trip is not for the faint-hearted or inexperienced walker!

**Depart:** 16:00-sharp on Friday afternoon

**Return:** late on Sunday evening

**Cost:** £42.00 (includes accommodation, transport and food, with the exception of meals on the journeys)

**Accommodation:** Yorkshire Mountaineering Club hut, Coppermines valley. GR: SD292984

**Equipment:** In Trinity term, the Lake District may be extremely wet and cold so you must come prepared for the possibility of bad weather. You must have a pair of well worn-in walking boots with ankle supports: this is essential to prevent discomfort and injury. You also must have a waterproof jacket and trousers, warm clothing, and changes of clothing. You can borrow waterproof trousers from the club if you don't own these yourself.

**Extra Equipment:** As we are staying in a camping barn, you will need a sleeping bag, and a torch. You can borrow sleeping bags and mats from the club.

**Please also read the club's "Equipment List" carefully then sign the slip at the bottom to confirm that you are happy with it.**

**If you would like to come:** Please sign up and pay at Free Tea, or make sure that you send your cheque (payable to "OU Walking Club"), to Helen Jenks at Somerville College, before the end of 1<sup>st</sup> week (Saturday 28<sup>th</sup> April). If you cannot pay by cheque then e-mail Helen to arrange to meet her by Friday to pay by cash.

**Membership:** Please note that you must be a club member to be allocated a place on the trip.

**Refunds:** Because of fixed expenses, please be aware that we cannot refund money to people who drop out unless their place is subsequently filled. If you find that you can no longer come on the trip, please contact Helen immediately to give yourself the best chance of a refund.

If the trip is oversubscribed, trip places will be allocated by means of a ballot (with priority being given to drivers who have passed the University minibus course and those not signed up for other weekend trips). You will be contacted during 2<sup>nd</sup> week to confirm your place on the trip. In the unlikely event that you are unsuccessful, your payment will be returned promptly, along with details of any trips that still have places.

If you have any questions, please don't hesitate to contact us, we will be happy to help.  
We hope to see you on what will be a fantastic trip!

**Helen Jenks**  
Somerville College  
[helen.jenks@some.ox.ac.uk](mailto:helen.jenks@some.ox.ac.uk)

**Rob Siddaway**  
St Peter's College  
[robert.siddaway@spc.ox.ac.uk](mailto:robert.siddaway@spc.ox.ac.uk)

**Andrew Tyrrell**  
Worcester College  
[andrew.tyrrell@worc.ox.ac.uk](mailto:andrew.tyrrell@worc.ox.ac.uk)

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